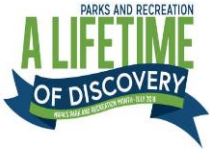


Wellness on the Waterfront



**Essex County South Mountain Recreation Complex
Clipper Pavilion, Cherry Lane, West Orange**

Essex County Celebrates Parks and Recreation Month with Free Weekly Activities in July

Mondays

Exercise on the Waterfront

July 2: Yoga ~ 6:30 to 7:45pm
July 9: Yoga ~ 6:30 to 7:45pm
July 16: Yoga ~ 6:30 to 7:45pm
July 23: Yoga ~ 6:30 to 7:45pm
July 30: Yoga ~ 6:30 to 7:45pm

*Make your outdoor recreational experience for the month next to the relaxing reservoir.

Tuesdays

Jammin' in July ~7pm

July 3: Latin Band from Arts High School in Newark
July 10: Maplewood Concert Band
July 17: Chatham Community Band
July 31: Kamate Traders

*Elevate your Waterfront experience with music. Take in a new sound each week.

Wednesdays

Zoo-vies

Films begin at dusk
July 11: Peter Rabbit
July 18: Wall-E
July 25: Deep

*Movies under the stars on the rooftop of our brand new parking deck. Bring your own chair. Refreshments for sale. Rain cancels.

Thursdays

Come Get Crafty with Us!

Essex County's Environmental Center @ Clipper Pavilion

July 5, 12, 19 @ 26 ~ 6:00 pm to 7:15pm

Wellness on the Waterfront Events are FREE!

For more information, please call 973-508-2912 or visit www.essexcountynj.org



Putting Essex County First

Sponsored by the
Essex County Parks Foundation and the
Zoological Society of New Jersey.