



National Park and Recreation Month is the perfect opportunity to highlight the beauty of our open spaces, the importance of recreation facilities and the positive impact they have on our wellness and quality of life. The area overlooking the Orange Reservoir provides a beautiful and unique spot to host a diverse lineup of activities to exercise, entertain and inspire you. We invite the public to celebrate with us and look forward to seeing you at our upcoming events.”



Joseph N. DiVincenzo, Jr.

**Joseph N. DiVincenzo, Jr., Essex County Executive
and the Board of County Commissioners**

Invite You to

Wellness on the Waterfront

**Free
Admission!
JULY ONLY**

**Essex County South Mountain Recreation Complex
Clipper Pavilion, Cherry Lane**

Essex County celebrates Parks and Recreation Month with free weekly activities at the Waterfront in South Mountain Reservation.

Mondays

YOGA for Adults; July 5, 12, 19 & 26 from 6:00pm – 7:00pm

These classes are suitable for both beginners and seasoned yoga practitioners. Bring a yoga mat and dress comfortably. Classes are held rain or shine.

Tuesday

Jammin' in July; July 6, 13, 20 & 27 at 7pm

Elevate your Waterfront experience with music starting Tuesday, July 6th. Take in a new sound every week with Broadway tunes, big band, steel drums and more.

Wednesdays

ZOO-VIES; July 7, 14, 21 & 28 *films begin at dusk

Enjoy movies under the stars on the rooftop of our Turtle Back Zoo parking deck. Bring your own lawn chair. Refreshments for sale. Rain cancels. Film schedule is subject to change and is available at www.essexcountynj.org. Please note the location is at **TBZ** not the Clipper Pavilion.

Thursdays

Full Body Pump; July 1, 8, 15, 22 & 29 from 6:00pm – 7:00pm

Come work out with us!

**For more information, please call 973-731-5800 ext 506
or visit www.essexcountynj.org**



Putting Essex County First